

UPPER
EYELID
LIFT

sehkraft[®]



experience a new dimension



UPPER EYELID LIFT - BLEPHAROPLASTY

The upper eyelid lift, also called blepharoplasty, is one of the most common procedures in plastic aesthetic surgery. It eliminates the visual complaints caused by drooping eyelids, such as a limited field of vision and the tension headache caused by the compensatory lifting of the brows.

**SEE BETTER AND
LOOK YOUNGER.**

At the same time, the treatment gives your eyes a brighter and more awakened appearance and ensures that your facial expression is more relaxed and you appear fresher and younger.

There can therefore be both disease-related and cosmetic reasons for someone to decide to have their drooping eyelids treated.

In principle, we place great value on a completely natural result in blepharoplasty at sehkraft. That is why we take great care to ensure that the character of the respective eyelid is preserved and that you simply see better and look more relaxed.



WHAT ARE DROOPING EYELIDS?

In some people, the connective tissue above the eye slackens with age. Excess skin also accumulates in this area (dermatochalasis). This is called a drooping upper eyelid. If dermatochalasis continues to progress, this can lead to the eyelashes and the edge of the eyelid being completely covered - the consequence of this is a reduced field of vision, as the palpebral fissure is narrowed. Some patients also have protrusions of fatty tissue on the upper eyelids with swelling (blepharochalasis).

LIMITED VISION DUE TO DROOPING EYELIDS.

Vision problems caused by drooping eyelids are initially characterised by the fact that people very often raise their brows (compensatory brow lift) or bend their face backwards in order to achieve adequate vision. This leads to tension headaches and increases frown lines and forehead wrinkles.

In the advanced stages, slips, such as a horse's blinker, can restrict the field of vision. As a result,

participation in sporting activities or in road traffic can not only be a burden, but even dangerous and severely impair the quality of life of those affected.

In addition, the superimposed skin folds can lead to skin irritation, soreness and pain.

MORE SAFETY THROUGH A CLEAR VIEW.

Since this process develops gradually, older people in particular perceive the visual complaints as normal and come to terms with them. A drooping eyelid operation as a supposedly purely aesthetic intervention is out of the question for them. In this case, however, it is a medically useful intervention that leads to a functional improvement of the field of vision and can thus prevent household or traffic accidents.

The aesthetic improvement of the appearance is in this case only a pleasant accompanying factor.



In addition to these disease-related effects, drooping eyelids also very often cause the problem that affected people no longer feel comfortable with their appearance. The eyes and thus the look of the person appear tired and sad, the facial expression is stressed and tense.

BRIGHT EYES AND A RELAXED FACE.

After a blepharoplasty, the face naturally looks relaxed, the gaze is open and you simply look younger and more relaxed.

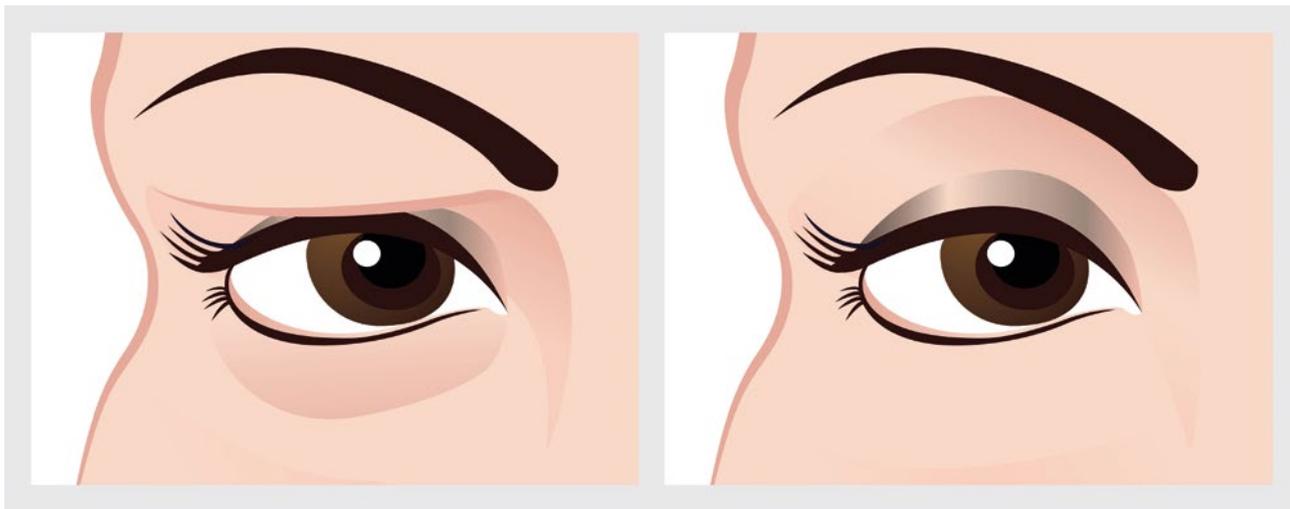
UPPER EYELID LIFT - BLEPHAROPLASTY

The upper eyelid lift, also called blepharoplasty, is one of the most common procedures in plastic aesthetic surgery. The excess skin is removed extremely gently and precisely in a light twilight sleep. In contrast to all other procedures, we deliberately avoid the use of a laser, as this could promote the formation of scar tissue. In this case, we achieve a very beautiful and natural optical result through a very fine clean cut. The fine suture is chosen in such a way that it is precisely in

the eyelid crease and is almost invisible after the healing process.

The upper eyelid lift takes about 1 hour for both eyes and takes place on an outpatient basis in our centre. Afterwards you will stay with us for approx. 1 hour and can then go home and relax in the care of your companion. You will not feel any pain after the procedure - only a slight feeling of pressure may occur.

Droopy eyelid (before upper eyelid lift vs. after upper eyelid lift)



AFTER THE TREATMENT

We recommend cooling the eyes for the first few hours and applying antibiotic ointment to the eyelid for the first few days.

To avoid secondary bleeding, you should avoid physical exertion for 2 weeks and swimming and sauna for 3 weeks.

After 10 to 14 days, the small threads are removed. The final check-up takes place after 3 months.

If you continue to raise your brows out of habit even without a drooping eyelid, we can prevent this with a Botox injection to help you adjust to the new situation.



Answers to your questions

When can I go back to work?

Usually already after 1-2 days.

When will I be socially acceptable again?

The swelling and bruising usually go down enough after 10 days that you are socially acceptable again.

What happens if the surgical suture opens?

It rarely happens that the surgical suture opens again shortly after the procedure. However, this is not a problem and can be quickly and painlessly repaired by us.

Can an upper eyelid lift be retrieved if necessary?

Yes, the skin has the ability to grow throughout life. With an anatomically correct upper eyelid lift, a subsequent correction is no problem. So if after

about 15-20 years, a second blepharoplasty can be performed with us without hesitation.

What does an upper eyelid lift cost?

The upper eyelid lift costs 2,700 euros* for both eyes.

Are the costs for an upper eyelid lift reimbursed?

Unfortunately, statutory health insurers do not reimburse the costs. Private insurers usually reimburse the costs at least partially if there is a medical indication. If you would like to clarify this with your insurer in advance, we will of course provide you with images and a report of the findings beforehand.

* This is a circular price, as billing is based on the scale of fees for doctors and may vary slightly in individual cases.

IF YOU HAVE ANY FURTHER
QUESTIONS, PLEASE DO NOT
HESITATE TO CONTACT US.

COLOGNE

Eye Center

Wolfsstraße 16
50667 Cologne

Fon +49 (0) 221 860 16 33
mail@sehkraft.de

COLOGNE

Counselling Centre

Wolfsstraße 2-4
50667 Cologne

Fon +49 (0) 221 860 16 88
beratung@sehkraft.de

BERLIN

Eye Center

Oberwallstraße 7
10117 Berlin

Fon +49 (0) 30 862 04 66 66
berlin@sehkraft.de

VIENNA

Eye Center

Goldenes Quartier
Seitzergasse 6
1010 Vienna

Fon +43 (0) 1 904 88 89
wien@sehkraft.at

EDITOR

sehkraft

Matthias Maus
Ophthalmologist

Wolfsstraße 16
50667 Cologne

Fon +49 (0) 221 860 16 0
mail@sehkraft.de

[sehkraft.de](https://www.sehkraft.de)
[sehkraft.at](https://www.sehkraft.at)

 Meet us on facebook /
sehkraft Augenzentrum

 sehkraft Augenzentrum
on instagram

 @sehkraft_augenzentrum
on YouTube

 sehkraft_augenzentrum
on TikTok

PARTNER



Service-Partner

sehkraft^o
KÖLN | BERLIN | WIEN

sporthilfe^o



© sehkraft

As of: November 2023

Picture credits

Cover Page: Vincent van Zalinge / unsplash

Page 4: Nattaya Mahaum, EyeEm / gettyimages

Page 6: shutterstock / Olga Evans

Page 8: Fanning Tseng / unsplash

